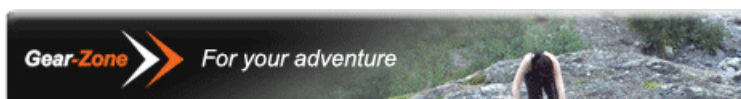
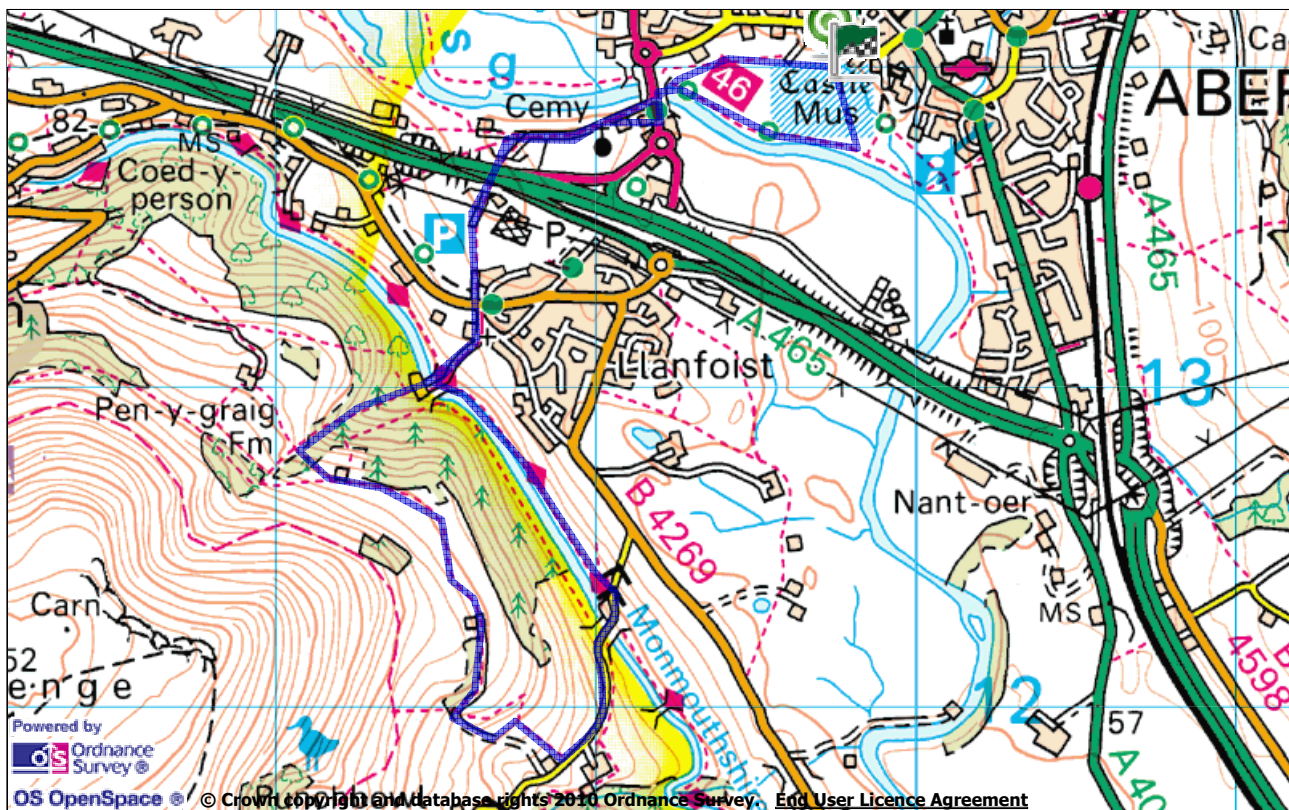


**Yfenni.net: Abergavenny Castell Prydydd circular walk.**

distance: 7.5km (4.5 miles) steep uphill climbs along lanes and steep descents on forest paths. . stiles: yes  
You can zoom in and out of the map for best printout.



1. Starting in the car park of Castle Meadows we go through the gate at the bottom and take the left hand path down to the river. turn right and continue along the River Usk until the bridge. Cross the river over the bridge and take the right turn up the lane sign posted cemetery. Continue up the lane to the brow of the hill and turn left following the lane down under the subway and past the garden centre. Continue up the lane until the crossroads. Go straight across and follow the lane signposted to the Blorange. Just before you go under the tunnel take the flight of steps to your right and join the towpath at Llanfoist Wharf. Turn left along the towpath.

2. Follow the towpath until you come to the first stone bridge. Leave the towpath here and join the lane going over the bridge. Follow this steep lane up past Castell Prydydd. Once you have gone round the bend in the lane at Castell Prydydd continue up the lane keeping a look out for a stile on your right. Probably about 100 yards past Castell Prydydd. Climb the stile and enter the field. Take the steep path up the field to the top keeping to the left. Climb the stile and turn left joining a track in the field. continue climbing along this track until you come to a gate. Go over the stile turning right and follow the track signposted Lower Pen-y-craig.

3. You will come to a stile on your right shortly before coming to some houses. climb the stile and cross the field diagonally to the other stile at the far side. Climb the stile and follow the path down to the right where there is another stile in the corner of the field. climb this stile and follow a fairly well defined path through the trees. Once through the trees continue along the path and watch out for a small pond - depending on the time of year there are some incredible dragonflies to be seen here. Just beyond the pond is a stile to your left. Cross the stile and continue across the field. You will eventually see the ruined cottage of Lower Pen-y-craig.

4. A little way past the cottage the tracks forks in two. Take the right hand fork and follow the track through the trees. Eventually you will come to a gate with a signpost pointing down the hill towards Llanfoist. go through the gate, turn right and continue down the hill. The track will turn into a steep forest path so take care coming down. When at Llanfoist Wharf go through the tunnel and rejoin the lane that brought you up to the canal.

5. Retrace your steps along the lane down past the nursery and under the subway. At the top of the lane turn right and go down the lane past the cemetery. and recross the bridge onto Castle Meadows. Once you have re-entered Castle Meadows you can take the diagonal path leading through the trees back to the car park where the walk started.